

	Thursday Afternoon						
	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backyard		
Times	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside area		
1:00 pm	SETUP CREW ON SITE						
2:00 pm 2:45 pm	Check-in opens (Registration Desk)			Biker Down Motorcycle First Aid rl	Off-Road Training - 1A Pacific Riding School rl		
3:00 pm 3:45 pm	The Perfect Travel Bike rl Maria Schumacher How to find the perfect travel bike for you and long-term travel lessons learned the hard way	Feed Your Dream, How to Eat the Elephant rl Scott Dobie How was I able to do a seven-	A New Era of Off-Road Training rl Dallas Shannon How you can replace fear with confidence.	Adam Lund, Glen Levers, Russ Paton This 3 hr, Canadian Red Cross supported course designed specifically for motorcyclists includes:	RD Merritt & Malcolm Cairns Level 1A – Little or zero gravel experience - Motorcycle set up (quick		
4:00 pm 4:45 pm	Unplanned Touring - How a Political Situation Led to Touring Europe rl Holly Ralph How a political situation led to touring Europe	month trip while having no job or income, married, with a house and mortgage, no savings, etc? I wrote 'How to Eat the Elephant' to help fellow riders work out the details of making their adventure happen, whether it's for a week, a month, a year, or longer	Packing Light for Backcountry Travel rl Craig Luke Participate in a hands-on interactive chat about all the things gear related!	- Incident Scene Management - The Thinking Biker - First Aid for Motorcyclists, including CPR, Bleeding control and early management of common injuries Preregistration required	overview) - Seating / standing form - Clutch Control - Footpeg steering - Counter-balance 13:45 - Check-in and Bike Set-up 14:00 - 17:00 - Training Preregistration required		

Presentation Locations - Google Map Link to Venue | Nakusp and District Community Complex - 200 8th Ave NW, Nakusp, BC V0G 1R0

- My Big Adventure Hall The gymnasium that also doubles as our dining area hosts a stage with a large screen for presentation slides.
- The Clubhouse Downstairs from the Registration desk, this room will host up to 40 attendees for a more intimate presentation space
- The Garage The Curling Rink (without ice) will host most of our mechanical presentations and workshops. A great place to wheel in bikes and get a little bit of grease on your hands.
- The College The Ice Rink (again, no ice!) is our large space for presentations and some longer form learning workshops and courses
- The Backyard Everything outside is the Backyard! When more than one outside activity is happening, we'll be sure to make it clear where the initial meet-up should be.

Most Thursday presentations are repeated on Friday or Saturday

rl = It will be repeated later | R = this is the Repeat



	Thursday Evening				
	My Big Adventure Hall	The Clubhouse			
Times	Main Building (meals)	Clubhouse room			
5:00 pm		Dinner			
6:00 pm	Official Welcome to HU25				
6:15 pm	Grant & Susan				
	Introduction to the founders and hosts of Horizons Unlimited and HU CanWest 2025, 25 years of HU Travel Meetings				
6:30 pm	Tales From the End of the World (Patagonia)	Get Lost Find Yourself			
7:15 pm	Maria Schumacher	Chris Bragg			
	Tales from the End of the World	If you're struggling, know that you're not alone. Known online as Critter Moto, Chris is riding and raising awareness towards Men's Mental Health and mental well-being. All of his efforts go to support Heads Up Guys out of The University of British Columbia - the world's largest online resource for men's mental health. He holds annual adventure/dual sport moto-campouts on northern Vancouver Island.			
7:30 pm	Tips from the Guide Bike	No Plan, No Skills, No Problem			
8:15 pm	Rene Cormier	Josh Kepkay			
	Rene's Packing, planning, and people insights from 15 years on the bike out front.	No plan, no training, and a helmet full of vomit—here's everything I messed up on my first ride so you don't have to.			
8:30 pm 9:30 pm	The Fear Factor Sam Manicom Many people put off travelling outside of their own countries by motorcycle because of fear in one form or another. In times of amazing YouTube films, wonderfully created blogs, and ever increasing access to so called news, stomach turning feelings of inadequacy and uncertainty can creep in and many overlanding dreams never make it past the mental planning board stage. Should we travel regardless of all the warnings our minds, and those our friends are giving us? Or are there ways to deal with them? In fact, should we fear, fear? There are those who revel in the fear factor but perhaps they aren't quite sane	THE FEAR FACTOR			
9:30 pm	To the Bonfire (okay, n	maybe a propane fire)! New			
		or 'High Road Motorsports' – BYOH (Bring Your Own Helinox) quiet conversation after 11:00 pm, and respect morning quiet as well			



	Friday Morning					
Times	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backya	ard
	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside are	ea
8:00-9:00			Break	fast		
8:30 am 9:00 am	8:30: Mini-HUMM Orientation Grant Johnson Grab your food and meet at the front of the dining room	8:30 Start: Ladies Only Session Facilitated discussion Bring your breakfast! A				
9:00 am 9:45 am 10:00 am 10:45 am	Digital Navigation for Adventures rl Craig Luke Find out about all the ways to plan and navigate with GPS systems and Apps	great chance to talk about anything without the men around! Portugal for a Month Glen & Carrie Cullen One month in Portugal – worth it!?	Tools for Moto Travel – BYOK: Build Your Own Kit Grant Johnson A show and tell, props on the table session with Grant showing off the essential tools of the trade – Bring Yours!	How It All Began: RTW Without a Plan (or a clue!) Susan Johnson The plan (and budget) was for a 3-year RTW trip, 11 years and many detours later, we did it!	Off-Road Training - 1B Pacific Riding School rl RD Merritt & Malcolm Cairns Level 1B – Some gravel experience - Motorcycle setup and riding form (quick overview)	Mini HUMM (ALL DAY!) A unique motorcycle orienteering / navigation challenge, the HUMM has also been described as an off-road motorcycle
11:00 am 11:45 am	Muskeg to Muskrat: A 250cc Culinary Ride rl Kix Marshall Stories from riding Canada on a 250cc in search of great roads and great food	The Underappreciated Element Michael and Angela Greer Amateurs talk tactics; professionals talk logistics. A beginner's guide to figuring out the logistical side of travel.	Bike Ergonomics & Fine-tuning Bike Setup Grant Johnson Learn the amazing difference a properly setup bike makes to your riding fun!		- Peg weighting - Rear wheel steering - Rear/Front/Both wheel braking - Compression zone 8:45 - Check-in and Bike Set-up 9:00 - 12:00 - Training Preregistration required	scavenger hunt. There is no set course, so you make your own adventure! Strategy, teamwork, riding and navigation skills and pure fun! Sign up the day before at the reg desk!

			Friday Afte	ernoon		
	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backyard	ł
Times	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside area	
12:00		Lunch Br	eak - Explore down	town Nakusp for many options		
1:00 pm 1:45 pm 2:00 pm 2:45 pm	4 Easy Steps to Overland Travel! Susan & Grant Johnson, Horizons Unlimited You can do it – we can help! Finding your way around Horizons Unlimited, other resources. This interactive seminar is an overview of "How To" travel overland topics. Lots of great pics from the HU Photo Contest and video clips from the Achievable Dream series. Bring all your questions!	Bikepacking the Carretera Austral Nevil StowOr the vast and not-so vast differences between motorcycle and bicycle travel from the perspective of a rider familiar to both. 1. Boats, Boots and Bikes 2. My Craziest Adventure Ever 3. Sri Lanka: the Moto Trip that Didn't Happen Francis Walsh Three Pecha Kucha-style presentations from recent trips.	•	Biker Down Motorcycle First Aid rl Adam Lund, Glen Levers, Russ Paton This 3 hr, Canadian Red Cross supported course designed specifically for motorcyclists includes: - Incident Scene Management - The Thinking Biker - First Aid for Motorcyclists, including CPR, Bleeding control and early management of common injuries Preregistration required	Off-Road Training - 1A Pacific Riding School R RD Merritt & Malcolm Cairns Level 1A – Little or zero gravel experience - Motorcycle set up (quick overview) - Seating / standing form - Clutch Control - Footpeg steering - Counter-balance 12:45 - Check-in & Bike Set-up 13:00 - 16:00 - Training Preregistration required	* * * * Mini HUMM continues until 5 pm!
3:00 pm 3:45 pm	Baja Lifestyle Scott Collins & Stephanie Arias We live and ride in Baja to avoid the winter	The Two Sides of Everest Ekke Kok A trek to Everest Base Camp in Nepal, followed by a ride to Everest Base Camp in Tibet.	on basic motorcycle maintenance yourself. Topics will cover handlebars to tires and everything in between in an easy-to-understand format. Questions	DVOEAK.	FARKLE FEST CONTEST New Strut Your Bike Mods Hosted (and judged) by: Craig Luke, Rene Cormier, Kelly Anderson Location: High Road Van	* * * * * * *
4:00 pm 4:45 pm	Bear-Awareness While Moto Camping Nevil Stow Let's have some fun dealing with the myths and realities of what to expect when you're moto-camping in bear country.	New Panel Chat: Apps & Al in Moto Travel Francis Walsh, Scott Dobie, Michael Greer, Glen Cullen	encouraged, motorcycle not required.	BYOFAK: Build Your Own First Aid Kit Adam Lund A 'How to' interactive session. Attendees eligible for give-away First Aid Kits, which will be awarded at the Saturday evening closer.	Prizes will be awarded at the Saturday evening closer Come by as early as 15:30 Judging 16:00 - 17:30	*

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		Friday Evening	
	My Big Adventure Hall	The Clubhouse	The College
Times	Main Building (meals)	Clubhouse room	Ice Rink
5:00 pm		Dinner & FARKLE FEST JUDGING	
6:00 pm	GS Trophy and Marshalling International	Muskeg to Muskrat: A 250cc Culinary	A New Era of Off Road Training R
6:45 pm	Events	Ride R	Dallas Shannon
	Wheels Guru	Kix Marshall	How you can replace fear with confidence.
	Shahnawaz Karim Motorcycle trainings and adventure tours	Stories from riding Canada on a 250cc in search of great roads and great food	
7:00 pm	Round the World, Inspired by Horizons	From Patagonia to Polar Bears: One	Packing Light for Backcountry
7:45 pm	Unlimited	Rider, 44,000 km, Two Hemispheres	Travel R
	Ekke Kok	Steve Park	Craig Luke
	Inspired by Grant and Susan in 1998, Audrey and Ekke took four year-long leaves of absence to travel the world. HU provided the inspiration, and later, the information and connection.	An epic solo motorcycle journey through 14 countries— from Santiago Chile to the tip of South America to the Canadian Arctic—the best photos, stories, lessons learned	Participate in a hands-on interactive chat about all the things gear related!
8:00 pm	What About the Laughter?		
9:30 pm	Sam Manicom Why travel? To learn about the world, and about ourselves. To face challenges, to ride the open road, to be surprised, to meet people, and so the list of travel magic goes on I often think that our bikes are the oil in the engine of the moving parts of our travels, and as we roll, the landscapes, cultures, and the histories of each country bring the world into multicolour 3D life. Fantastic. For me, in addition to all those fantastic aspects and opportunities, it's the people we meet along the way that are key. This presentation is filled with tales of drama, but mostly those full of laughter. I hope you can join us.	Don't Forget th	helanghter
9:30 pm	To the	Bonfire (okay, maybe a propane fire)! New	
	You are welcome to join 'I Think We Missed a Turn' and/or 'High Road Motorsports' – BYOH (Bring Your Own Helinox) Some travellers are early to bed, early to rise. Please keep it to quiet conversation after 11:00 pm, and respect morning quiet as we		

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		Saturda	ay Morning			
	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Bac	kyard
Times	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside	e area
8:00-9:00			Breakfast			
8:30 am 9:00 am	08:30 Mini-HUMM Orientation Grant Johnson Grab your food and meet at the front of the dining room			8:30 - Noon HOW-TO Moto- Camping and Travel: The 'Newbie'		
9:00 am 9:45 am 10:00 am 10:45 am	Feed Your Dream, How to Eat the Elephant Scott Dobie R How was I able to do a seven-month trip while having no job or income, married, with a house and mortgage, no savings, etc? I wrote 'How to Eat the Elephant' to help fellow riders work out the details of making their adventure happen, whether it's for a week, a month, a year, or longer	Body Care on the Road – Women's Health Essentials for Long Journeys Heather Lea It's time to get personal. In this 45-min behind-the-scenes discussion, writer and adventurer Heather Lea of Riding Full Circle, talks about the facts, challenges, trials and tribulations of long-distance riding—as a woman Unplanned Touring - How a Political Situation Led to Touring Europe R Holly Ralph How a political situation led to touring Europe	Tires – Everything you need to know - Changing, Plugging & Patching Grant Johnson Tire changing can be easy or hard! Demystifying the black art! Tools, techniques, tire pressure, which tire and more! Think you're a pro at this?	Workshop!!! Pete Stace-Smith, Alvaro Solis & Dave Troughton Join the High Road Ambassadors and friends on a custom-built moto- camping and moto-travel workshop designed for those who are aspiring to progress in their travel readiness and skills. 3 Presenters, 2 Rotations 6 Unique Stations!	Off-Road Training - 1B Pacific Riding School R RD Merritt & Malcolm Cairns Level 1B - Some gravel experience - Motorcycle setup and riding form (quick overview) - Peg weighting - Rear wheel steering - Rear/Front/Both wheel braking	Mini HUMM (ALL DAY!) A unique motorcycle orienteering / navigation challenge, the HUMM has also been described as an off-road motorcycle scavenger hunt. There is no set course, so you make your own adventure! Strategy,
11:00 am 11:45	The Perfect Travel Bike R Maria Schumacher How to find the perfect travel bike for you and long-term travel lessons learned the hard way	Get LostFind Yourself – Meet & Greet New Chris Bragg & Teena Boomhower Critter Moto Meet 'n' Greet Join Chris and Teena for a chance to connect, learn more about the events and pop ups that he hosts on Vancouver Island. Share a story and learn more about the movement to take back men's mental health.	Tire changing speed contest at the end, prize for winner!	Trip planning tools, sleep and shelter options, personal preparation, contingency planning, food and hydration, and how to get it all on the bike!	- Compression zone 8:45 - Check-in and Bike Set-up 9:00 - 12:00 - Training Preregistration required	teamwork, riding and navigation skills and pure fun!

		Saturda	y Afternooi	n				
	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backyard			
Times	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside area			
12:00 pm		Lunch Break - Explo	re downtown Nakus	o for many options				
1:00 pm 1:45 pm	The ALCAN: An Old Guy's Perspective Richard Newton Riding in Northern Mexico to Prudhoe Bay	Cape Town to Nairobi - Still on a DR650! Norman Fortier & Denise Francoeur Our experience as solo travellers in Africa, in contrast with Latin America, and the importance of self-sufficiency.	Moto Maintenance 101 R Pacific Riding School Bernie Ryan, Moto Mechanic	Biker Down Motorcycle First Aid R Adam Lund, Glen Levers This 3 hr, Canadian Red Cross supported course designed specifically for motorcyclists includes: - Incident Scene Management	HU Travel Challenge Hosted by Shahnawaz Karim, WheelsGuru The course features a series of carefully	* *		
2:00 pm 2:45 pm	Photography Tips from the Saddle rl Steve Shannon From the rugged alpine peaks of BC to the desolate black sands of the Icelandic highlands some of my favourite photos shot over 15 years, and how I shot them.	Renedian Adventures Guided Tours Rene Cormier Overview of Renedian Adventures Guided Tours around the world	Get to know your motorcycle and how everything works together. The maintenance course is not designed to make you a journeyman mechanic, but rather	- The Thinking Biker - First Aid for Motorcyclists, including CPR, Bleeding control and early management of common injuries Preregistration required	designed obstacles that simulate real-world riding conditions – from tight turns and uneven terrain to balance beams and precision braking zones. Whether you're on a big ADV bike or a smaller	* * * * * Mini		
3:00 pm 3:45 pm	Riding Around New Zealand for 3 Months Ekke Kok Exploring both the North and South Islands of New Zealand	How Winging It Got Me Sick in My Helmet Josh Kepkay From Hanoi traffic to a crash in Thailand—rookie mistakes, roadside chaos, and the lessons every new adventure rider should hear.	mechanic, but rather give you a mechanical foundation so that you are able to work on basic motorcycle maintenance yourself. Topics will cover handlebars to tires and everything in between in an easy-	foundation so that you are able to work on basic motorcycle maintenance yourself. Topics will cover handlebars to tires and everything in	foundation so that you are able to work on basic motorcycle maintenance yourself. Topics will cover handlebars to tires and everything in	required	dual-sport, the challenge is open to all riders lookin to improve their control and have some fun in the process. Expect: * A marked obstacle course that tests your balance, clutch/throttle	
4:00 pm 4:45 pm	Our RTW Trip Through 40 Countries Year 1 Heather Lea What went well, what totally tanked, and the weird, wonderful, and often wacky moments in between. From broken bones and other hard lessons learned in sand, mud, wind, rain, and snow, expect stunning visuals, ridiculous stories, tips on surviving global travel—and maybe even your relationship.	New Panel Chat: Travel to New Zealand and Australia Ekke Kok, Cathy Watson, Kix Marshall	to-understand format. Questions encouraged, motorcycle not required.	Ready to Ride - 10 Health Essentials Before You Go Off- Grid (virtual/video) Dr. Benjamin Jack From vaccinations and prescriptions to building a travel-ready first aid kit.	control, and technique * Real-time commentary and tips from Shahnawaz Friendly competition – not about winning, but learning and laughing * Spectator-friendly setup so everyone can cheer you on * Prizes or bragging rights for standout performances	* * *		

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	Saturday E	ivening			
	My Big Adventure Hall	The Clubhouse			
Times	Main Building (meals)	Clubhouse room			
5:00 pm	Dinner				
	5:30 - Raffle Draw	<mark>, Awards & Give-aways</mark>			
	You must be in My E	Big Adventure Hall to win!			
6:00 pm	Our RTW Trip Through 40 Countries Year 2	Photography Tips from the Saddle R			
6:40 pm	Heather Lea	Steve Shannon			
	To catch the year 1 of this presentation, be sure to join Heather in this space at 4:00 pm before dinner. In the 2nd half, Heather dives into the realities of long-haul	From the rugged alpine peaks of British Columbia to the desolate black sands of the Icelandic highlands, this is a look at some of my favourite photographs shot over the past			
	adventure travel: What they learned about each other (and maybe didn't want to	15 years, and how I shot them.			
	know), which gear survived the journey, and whether love really can endure helmet hair and body odour.				
6:50 pm	Slow Rolling the Americas	Unfiltered: Breakdowns; Moto & Mental			
7:30 pm	Michael and Angela Greer	Kix Marshall			
	Oh, the things we've learned taking two years to travel from Canada to Peru.	Overland Unfiltered: Real Lessons from a \$12/Day PanAm Motorcycle Journey			
7:40 pm	Cooperative Adventure	Digital Navigation for Adventures R			
8:20 pm	Scott Collins & Stephanie Arias	Craig Luke			
	We find group adventures amazingly rewarding. We will share what that looks like.	Find out about all the ways to plan and navigate with GPS systems and Apps			
8:30 pm	A Wilder Way				
9:30 pm	Suzanne Jolly & Cathy Watson				
	An adventure film not to be missed!				
9:30 pm	To the Bonfire (okay, maybe a propane fire)! New				
	You are welcome to join 'I Think We Missed a Turn' and/or 'High Road Motorsports' – BYOH (Bring Your Own Helinox)				
Some travellers are early to bed, early to rise. Please keep it to quiet conversation after 11:00 pm, and respect morr					



Events Schedule 2025

	Sunday Morning	
	Main Building (meals)	
8:00 am 9:00 am	Breakfast somewhere!	
9:00 am 10:00 am		
	We ALWAYS leave wherever we are cleaner than when we arrived.	
11:00 am 12:00 am	Pack up, say "Goodbye," and make plans for next year! It's the same weekend next year!	

We hope you enjoyed yourself and will come back next year. Please use the Contact Us link on every page of the website, or any of our social links below:



https://www.horizonsunlimited.com/hubb/hu-travellers-meetings-north-america/hu-canwest-2025-a-105430



https://www.facebook.com/share/16ftmquYkk/



https://www.instagram.com/horizonsunlimited_com



https://bsky.app/profile/horizonsunlimited.com

Hashtags: #HUCanWest #HorizonsUnlimited

You can also add your **feedback** to the event and give us a big help to improve the event for next year at: https://www.horizonsunlimited.com/events/canwest-2025/feedback (this link will be live AFTER the event)

Please leave the campsite clean and tidy and have a safe trip home. Special thanks to **Teena Boomhower**, **Dario Grasso**, **Adam Lund** and the many others who have helped to make this event happen. Make plans on joining us next year!

Grant and Susan Johnson
Horizons Unlimited
Inspiring, Informing and Connecting Travellers since 1997

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Schedule is subject to change, at any time. Our presenters are travellers, after all!

Version 2.4 – last updated June 27, 2025