



Thursday Afternoon					
	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backyard
Times	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside area
1:00 pm	SETUP CREW ON SITE				
2:00 pm	Check-in opens			Biker Down Motorcycle	Off-Road Training - 1A
2:45 pm	(Registration Desk)			First Aid rl	Pacific Riding School rl
3:00 pm	The Perfect Travel Bike rl	Feed Your Dream,	A New Era of Off-Road	Adam Lund, Glen Levers,	RD Merritt & Malcolm
3:45 pm	Maria Schumacher	How to Eat the	Training rl	Russ Paton	Cairns
	<i>How to find the perfect travel bike for you and long-term travel lessons learned the hard way</i>	Scott Dobie	Dallas Shannon	<i>This 3 hr, Canadian Red Cross supported course designed specifically for motorcyclists includes:</i>	<i>Level 1A – Little or zero gravel experience</i>
		<i>How was I able to do a seven-month trip while having no job or income, married, with a house and mortgage, no savings, etc? I wrote 'How to Eat the Elephant' to help fellow riders work out the details of making their adventure happen, whether it's for a week, a month, a year, or longer...</i>	<i>How you can replace fear with confidence.</i>	<i>- Incident Scene Management</i>	<i>- Motorcycle set up (quick overview)</i>
4:00 pm	Unplanned Touring -		Packing Light for	<i>- The Thinking Biker</i>	<i>- Seating / standing form</i>
4:45 pm	How a Political Situation Led to Touring Europe rl		Backcountry Travel rl	<i>- First Aid for Motorcyclists, including CPR, Bleeding control and early management of common injuries</i>	<i>- Clutch Control</i>
	Holly Ralph		Craig Luke		<i>- Footpeg steering</i>
	<i>How a political situation led to touring Europe</i>		<i>Participate in a hands-on interactive chat about all the things gear related!</i>		<i>- Counter-balance</i>
				Preregistration required	13:45 - Check-in and Bike Set-up
					14:00 - 17:00 – Training
					Preregistration required

Presentation Locations - [Google Map Link to Venue](#) | Nakusp and District Community Complex - 200 8th Ave NW, Nakusp, BC V0G 1R0

- **My Big Adventure Hall** - The gymnasium that also doubles as our dining area hosts a stage with a large screen for presentation slides.
- **The Clubhouse** - Downstairs from the Registration desk, this room will host up to 40 attendees for a more intimate presentation space
- **The Garage** - The Curling Rink (without ice) will host most of our mechanical presentations and workshops. A great place to wheel in bikes and get a little bit of grease on your hands.
- **The College** - The Ice Rink (again, no ice!) is our large space for presentations and some longer form learning workshops and courses
- **The Backyard** - Everything outside is the Backyard! When more than one outside activity is happening, we'll be sure to make it clear where the initial meet-up should be.

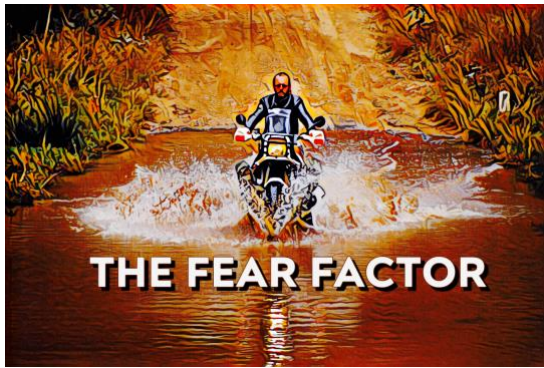
Most Thursday presentations are repeated on Friday or Saturday

rl = It will be **r**epeated **l**ater | **R** = this is the **R**epeat

Schedule is subject to change, at any time. Our presenters are travellers, after all!



Thursday Evening

Times	My Big Adventure Hall	The Clubhouse
	Main Building (meals)	Clubhouse room
5:00 pm	Dinner	
6:00 pm 6:15 pm	Official Welcome to HU25 Grant & Susan <i>Introduction to the founders and hosts of Horizons Unlimited and HU CanWest 2025, 25 years of HU Travel Meetings</i>	
6:30 pm 7:15 pm	Tales From the End of the World (Patagonia) Maria Schumacher <i>Tales from the End of the World</i>	Get Lost... Find Yourself Chris Bragg <i>If you're struggling, know that you're not alone. Known online as Critter Moto, Chris is riding and raising awareness towards Men's Mental Health and mental well-being. All of his efforts go to support Heads Up Guys out of The University of British Columbia - the world's largest online resource for men's mental health. He holds annual adventure/dual sport moto-campouts on northern Vancouver Island.</i>
7:30 pm 8:15 pm	Tips from the Guide Bike Rene Cormier <i>Rene's Packing, planning, and people insights from 15 years on the bike out front.</i>	No Plan, No Skills, No Problem Josh Kepkay <i>No plan, no training, and a helmet full of vomit—here's everything I messed up on my first ride so you don't have to.</i>
8:30 pm 9:30 pm	The Fear Factor Sam Manicom <i>Many people put off travelling outside of their own countries by motorcycle because of fear in one form or another. In times of amazing YouTube films, wonderfully created blogs, and ever increasing access to so called news, stomach turning feelings of inadequacy and uncertainty can creep in and many overlanding dreams never make it past the mental planning board stage.</i> <i>Should we travel regardless of all the warnings our minds, and those our friends are giving us? Or are there ways to deal with them? In fact, should we fear, fear?</i> <i>There are those who revel in the fear factor but perhaps they aren't quite sane...</i>	
9:30 pm	To the Bonfire (okay, maybe a propane fire)! New You are welcome to join 'I Think We Missed a Turn' and/or 'High Road Motorsports' – BYOH (Bring Your Own Helinox) Some travellers are early to bed, early to rise. Please keep it to quiet conversation after 11:00 pm, and respect morning quiet as well	



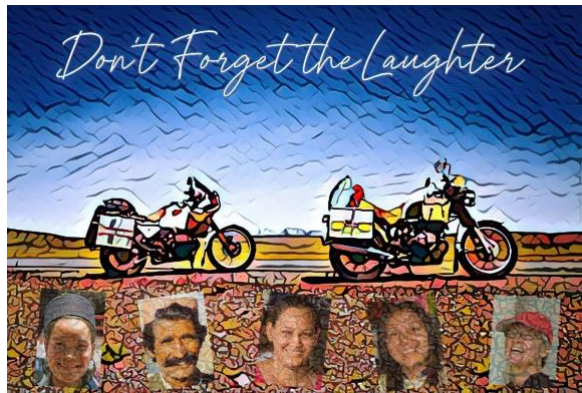
Friday Morning						
Times	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backyard	
	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside area	
8:00-9:00	Breakfast					
8:30 am 9:00 am	8:30: Mini-HUMM Orientation Grant Johnson <i>Grab your food and meet at the front of the dining room</i>	8:30 Start: Ladies Only Session Facilitated discussion <i>Bring your breakfast! A great chance to talk about anything without the men around!</i>				
9:00 am 9:45 am	Digital Navigation for Adventures rl	Portugal for a Month Glen & Carrie Cullen <i>One month in Portugal – worth it!?</i>	Tools for Moto Travel – BYOK: Build Your Own Kit Grant Johnson <i>A show and tell, props on the table session with Grant showing off the essential tools of the trade – Bring Yours!</i>	How It All Began: RTW Without a Plan (or a clue!) Susan Johnson <i>The plan (and budget) was for a 3-year RTW trip, 11 years and many detours later, we did it!</i>	Off-Road Training - 1B Pacific Riding School rl RD Merritt & Malcolm Cairns <i>Level 1B – Some gravel experience</i> - Motorcycle setup and riding form (quick overview) - Peg weighting - Rear wheel steering - Rear/Front/Both wheel braking - Compression zone 8:45 - Check-in and Bike Set-up 9:00 - 12:00 – Training Preregistration required	Mini HUMM (ALL DAY!) <i>A unique motorcycle orienteering / navigation challenge, the HUMM has also been described as an off-road motorcycle scavenger hunt. There is no set course, so you make your own adventure! Strategy, teamwork, riding and navigation skills and pure fun! Sign up the day before at the reg desk!</i>
10:00 am 10:45 am	Craig Luke <i>Find out about all the ways to plan and navigate with GPS systems and Apps</i>					
11:00 am 11:45 am	Muskeg to Muskrat: A 250cc Culinary Ride rl Kix Marshall <i>Stories from riding Canada on a 250cc in search of great roads and great food</i>	The Underappreciated Element Michael and Angela Greer <i>Amateurs talk tactics; professionals talk logistics. A beginner’s guide to figuring out the logistical side of travel.</i>	Bike Ergonomics & Fine-tuning Bike Setup Grant Johnson <i>Learn the amazing difference a properly setup bike makes to your riding fun!</i>			

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pg. 4



Friday Evening			
	My Big Adventure Hall	The Clubhouse	The College
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5:00 pm	Dinner & FARKLE FEST JUDGING		
6:00 pm 6:45 pm	GS Trophy and Marshalling International Events Wheels Guru Shahnawaz Karim <i>Motorcycle trainings and adventure tours</i>	Muskeg to Muskrat: A 250cc Culinary Ride R Kix Marshall <i>Stories from riding Canada on a 250cc in search of great roads and great food</i>	A New Era of Off Road Training R Dallas Shannon <i>How you can replace fear with confidence.</i>
7:00 pm 7:45 pm	Round the World, Inspired by Horizons Unlimited Ekke Kok <i>Inspired by Grant and Susan in 1998, Audrey and Ekke took four year-long leaves of absence to travel the world. HU provided the inspiration, and later, the information and connection.</i>	From Patagonia to Polar Bears: One Rider, 44,000 km, Two Hemispheres Steve Park <i>An epic solo motorcycle journey through 14 countries— from Santiago Chile to the tip of South America to the Canadian Arctic—the best photos, stories, lessons learned..</i>	Packing Light for Backcountry Travel R Craig Luke <i>Participate in a hands-on interactive chat about all the things gear related!</i>
8:00 pm 9:30 pm	What About the Laughter? Sam Manicom <i>Why travel? To learn about the world, and about ourselves. To face challenges, to ride the open road, to be surprised, to meet people, and so the list of travel magic goes on... I often think that our bikes are the oil in the engine of the moving parts of our travels, and as we roll, the landscapes, cultures, and the histories of each country bring the world into multicolour 3D life. Fantastic.</i> <i>For me, in addition to all those fantastic aspects and opportunities, it's the people we meet along the way that are key. This presentation is filled with tales of drama, but mostly those full of laughter. I hope you can join us.</i>		
9:30 pm	To the Bonfire (okay, maybe a propane fire)! New You are welcome to join ‘I Think We Missed a Turn’ and/or ‘High Road Motorsports’ – BYOH (Bring Your Own Helinox) Some travellers are early to bed. early to rise. Please keep it to quiet conversation after 11:00 pm, and respect morning quiet as well		



Saturday Morning						
	My Big Adventure Hall	The Clubhouse	The Garage	The College	The Backyard	
Times	Main Building (meals)	Clubhouse room	Curling Rink	Ice Rink	Outside area	
8:00-9:00	Breakfast					
8:30 am 9:00 am	08:30 Mini-HUMM Orientation Grant Johnson <i>Grab your food and meet at the front of the dining room</i>			8:30 - Noon HOW-TO Moto-Camping and Travel: The ‘Newbie’ Workshop!!! Pete Stace-Smith, Alvaro Solis & Dave Troughton <i>Join the High Road Ambassadors and friends on a custom-built moto-camping and moto-travel workshop designed for those who are aspiring to progress in their travel readiness and skills.</i> 3 Presenters, 2 Rotations 6 Unique Stations! <i>Trip planning tools, sleep and shelter options, personal preparation, contingency planning, food and hydration, and how to get it all on the bike!</i>		
9:00 am 9:45 am	Feed Your Dream, How to Eat the Elephant Scott Dobie R <i>How was I able to do a seven-month trip while having no job or income, married, with a house and mortgage, no savings, etc? I wrote ‘How to Eat the Elephant’ to help fellow riders work out the details of making their adventure happen, whether it's for a week, a month, a year, or longer...</i>	Body Care on the Road – Women’s Health Essentials for Long Journeys Heather Lea <i>It’s time to get personal. In this 45-min behind-the-scenes discussion, writer and adventurer Heather Lea of Riding Full Circle, talks about the facts, challenges, trials and tribulations of long-distance riding—as a woman</i>	Tires – Everything you need to know - Changing, Plugging & Patching Grant Johnson <i>Tire changing can be easy or hard! Demystifying the black art! Tools, techniques, tire pressure, which tire and more!</i> <i>Think you’re a pro at this?</i>		Off-Road Training - 1B Pacific Riding School R RD Merritt & Malcolm Cairns <i>Level 1B – Some gravel experience - Motorcycle setup and riding form (quick overview) - Peg weighting - Rear wheel steering - Rear/Front/Both wheel braking - Compression zone</i>	Mini HUMM (ALL DAY!) <i>A unique motorcycle orienteering / navigation challenge, the HUMM has also been described as an off-road motorcycle scavenger hunt. There is no set course, so you make your own adventure! Strategy, teamwork, riding and navigation skills and pure fun!</i>
10:00 am 10:45 am		Unplanned Touring - How a Political Situation Led to Touring Europe R Holly Ralph <i>How a political situation led to touring Europe</i>				
11:00 am 11:45	The Perfect Travel Bike R Maria Schumacher <i>How to find the perfect travel bike for you and long-term travel lessons learned the hard way</i>	Get Lost...Find Yourself – Meet & Greet New Chris Bragg & Teena Boomhower Critter Moto Meet ‘n’ Greet <i>Join Chris and Teena for a chance to connect, learn more about the events and pop ups that he hosts on Vancouver Island. Share a story and learn more about the movement to take back men’s mental health.</i>	<i>Tire changing speed contest at the end, prize for winner!</i>			

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Saturday Evening		
Times	My Big Adventure Hall	The Clubhouse
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5:00 pm	Dinner 5:30 - Raffle Draw, Awards & Give-aways <i>You must be in My Big Adventure Hall to win!</i>	
6:00 pm 6:40 pm	Our RTW Trip Through 40 Countries Year 2 Heather Lea <i>To catch the year 1 of this presentation, be sure to join Heather in this space at 4:00 pm before dinner. In the 2nd half, Heather dives into the realities of long-haul adventure travel: What they learned about each other (and maybe didn't want to know), which gear survived the journey, and whether love really can endure helmet hair and body odour.</i>	Photography Tips from the Saddle R Steve Shannon <i>From the rugged alpine peaks of British Columbia to the desolate black sands of the Icelandic highlands, this is a look at some of my favourite photographs shot over the past 15 years, and how I shot them.</i>
6:50 pm 7:30 pm	Slow Rolling the Americas Michael and Angela Greer <i>Oh, the things we've learned taking two years to travel from Canada to Peru.</i>	Unfiltered: Breakdowns; Moto & Mental Kix Marshall <i>Overland Unfiltered: Real Lessons from a \$12/Day PanAm Motorcycle Journey</i>
7:40 pm 8:20 pm	Cooperative Adventure Scott Collins & Stephanie Arias <i>We find group adventures amazingly rewarding. We will share what that looks like.</i>	Digital Navigation for Adventures R Craig Luke Find out about all the ways to plan and navigate with GPS systems and Apps
8:30 pm 9:30 pm	A Wilder Way Suzanne Jolly & Cathy Watson <i>An adventure film not to be missed!</i>	
9:30 pm	To the Bonfire (okay, maybe a propane fire)! New You are welcome to join ‘I Think We Missed a Turn’ and/or ‘High Road Motorsports’ – BYOH (Bring Your Own Helinox) Some travellers are early to bed, early to rise. Please keep it to quiet conversation after 11:00 pm, and respect morning quiet as well	



Sunday Morning	
	Main Building (meals)
8:00 am 9:00 am	Breakfast somewhere!
9:00 am 10:00 am	<i>Clean-up crew – thanks for coming and helping, it goes fast when you pitch in for a few minutes!</i>
	<i>We ALWAYS leave wherever we are cleaner than when we arrived.</i>
11:00 am 12:00 am	Pack up, say “Goodbye,” and make plans for next year! It’s the same weekend next year!

We hope you enjoyed yourself and will come back next year. Please use the Contact Us link on every page of the website, or any of our social links below:



<https://www.horizonsunlimited.com/hubb/hu-travellers-meetings-north-america/hu-canwest-2025-a-105430>



<https://www.facebook.com/share/16ftmquYkk/>



https://www.instagram.com/horizonsunlimited_com



<https://bsky.app/profile/horizonsunlimited.com>

Hashtags: **#HUCanWest** **#HorizonsUnlimited**

You can also add your **feedback** to the event and give us a big help to improve the event for next year at:

<https://www.horizonsunlimited.com/events/canwest-2025/feedback> (this link will be live AFTER the event)

Please leave the campsite clean and tidy and have a safe trip home. Special thanks to **Teena Boomhower, Dario Grasso, Adam Lund** and the many others who have helped to make this event happen. Make plans on joining us next year!

Grant and Susan Johnson

Horizons Unlimited

Inspiring, Informing and Connecting Travellers since 1997

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