

	Africa Room (Auditorium)	Asia Room (Hockey Rink)	Australia Room (Downstairs)	Kazakh Steppe (Fields)	Salar de Uyuni (In front of Arena)
	300 seats +	100 seats	60 seats		

Thursday					
1:00 pm	Registration Opens				
2:00 pm 2:45 pm					
3:00 pm 3:45 pm	Balkan Compact 2.5 Weeks and as much dirt and Balkan as possible was the mission of that journey Michael Hoh			Skills Tune Up rI (meet at parking lot) NOTE: Open to first 10 people to Sign up at Registration! Basic aspects of on and off-road riding including: 1 - Eyes & Mind 2 - Body Positioning 3 - Use of Controls & Controlling your bike Al Brooks	Ergonomics! Learn the amazing difference a properly set-up bike makes to your riding comfort and pleasure. Grant Johnson
4:00 pm 4:45 pm	The Making of an Adventure Rider: From Green to Grownup rI What we learned about ourselves and the world after 6 plus years, 6 continents, 84 countries, and 260,000 km RTW. Sara and Daniel Pedersen				
5:00 pm 6:00 pm	Dinner				
6:15 pm 7:00 pm	Central Europe rI 14 countries over four months Carrie and Glen Cullen				
7:15 pm 8:30 pm	Latin America – All You Need to Know + Q&A Latin America – Everything You Need to Know to Do it Solo and on a budget – plus Q&A Alex Chacon				
8:30 pm	HUBB Pub Networking and meet the presenters.				

Some Thursday presentations are repeated on Friday or Saturday.

rI = It will be repeated later R = this is the Repeat

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Friday					
8:00-9:00	Breakfast				
8:00 am	Mini-HUMM Briefing Grant Johnson			Ride to the Sky! Meet in parking lot at 8:30 Al Brooks	
9:00 am 9:45 am	Presenters and Volunteers Coffee				
10:00 am 10:45 am	Munich to Cape Town It started out as a “Round the World” trip but an accident at Km Null changed all that. Ekke Kok		10 Tips for Travel through 10 Countries rl From the Arctic Ocean in Alaska, to the Panama Canal, and all the Central American border crossings in between. Elle West		Fuel Your Appetite for Adventure – Breakfast Edition rl Learn to cook epic meals on your campstoves Brent Firkser
11:00 am 11:45 am	Battle for the Steak Knives in R2AK Recap of the inaugural year of the boat Race to Alaska Francis Walsh		GoPro’s, Drones, DSLRs – Do’s and Don’ts This presentation will go over specific camera, action camera, drone, lens models, pro's cons and costs. Alex Chacon		
12:00-1:00	Lunch				
1:00 pm 1:45 pm	A Stroke of Luck Stepping outside of one’s comfort zone and living life. Mike Muldoon		Fix that Flat! Tires: Changing, fixing, and everything you wanted to know - even if you thought you knew it all! Grant Johnson		
2:00 pm 2:45 pm	HUMM Adventure Travel Navigation Competition. Presentation on the HUMM. rl Linda and Charlie Pearce		Fix that Flat! Continued Grant Johnson		

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Friday					
3:00 pm 3:45 pm	Round the World – One Year at a Time PART 1 (Europe and Africa) How it all started and what we've learned after four years of travelling around the world. Audrey Allenspach-Kok and Ekke Kok		Tire Plugging & Patching Learn how to plug & patch your tires properly - essential kit! Grant Johnson	Skills Tune Up R (meet at parking lot) Open to first 10 to Sign up Basic aspects of on and off-road riding including: 1 - Eyes & Mind, 2 - Body Positioning, 3 – Control! Al Brooks	
4:00 pm 4:45 pm	Himalayas India - Do Your Own Solo Trip Ladakh India and Himalayas - What you need to know to do it solo and, on a budget, Alex Chacon	"Ladies on the Loose" meet and greet New Zealand Room (meet at bar)	Surf and Turf New Zealand to Tahiti Motorcycle trip on New Zealand's South Island to kick off a sailboat delivery to Tahiti. Francis Walsh		
5:00 pm 6:00 pm	Dinner				
6:00 pm	Announcements and housekeeping items				
6:30 pm 7:15 pm	The Making of an Adventure Rider: From Green to Grownup R What we learned about ourselves and the world after 6 plus years, 6 continents, 84 countries, and 260,000 km RTW. Sara and Daniel Pedersen		How it all began - RTW without a plan Grant & Susan		
7:30 pm 8:45 pm	Travelling Pakistan as a Solo Female Filled with enthralling visuals and legendary storytelling, follow the epic story of one young girl's solo quest across Pakistan Rosie Gabrielle		How it all began - RTW without a plan Continued Grant & Susan		
8:45 pm	HUBB Pub Mixer in the main room				

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Saturday					
8:00 am	Mini-HUMM Briefing <i>Grant Johnson</i>				
8:00-9:00	Breakfast		Women of HU Brekkie <i>Group discussion - bring your questions!</i>		
9:00 am 9:45 am	Riding Japan As part of their ride around Asia Audrey and Ekke spent 2 months riding in Japan. <i>Ekke Kok</i>		Pocket Adventures <i>Tell your story - 5 minutes max!</i>		A Tarp is Your Best Friend Basics of a well set up tarp. <i>Brent Firkser</i>
10:00 am 10:45 am	RTW 1-2 Weeks at a Time: Fly and Rent Lacking enough time for an "Epic" Adventure flying in and renting is a viable option to experience RTW travel. <i>Francis Walsh</i>		4 Easy Steps to Overland Travel! You can do it – we can help! Finding your way around Horizons Unlimited, other resources. This interactive seminar is an overview of "How To" travel overland topics. <i>Susan Johnson</i> Horizons Unlimited	Adventure Challenge Practice and Skills Course (meet at parking lot) NOTE: Open to first 20 people to Sign up at Registration! Basic aspects of on and off-road riding including: Ride the HU Off-road course! <i>Al Brooks</i> 10:00 – 11:15	10:30 - Lunch Show us your stuff! Hosted Tour: best camp gear and bike mods walking tour <i>Audrey and Ekke</i>
11:00 am 11:45	Trip West Trip of a lifetime. Living my dreams and getting out there to discover our great country. <i>Mike Muldoon</i>	Round Table – First Aid Discussion around first aid and medical for travellers <i>Sara Pedersen</i>	4 Easy Steps to Overland Travel! Continued Lots of great pics from the HU Photo Contest and video clips from the Achievable Dream series. Bring all your questions! <i>Susan Johnson</i>		
12:00-1:00	Lunch				

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Saturday					
1:00 pm 1:45 pm	Central Europe R We travelled through 14 countries over a 4-month period and gathered a lot of experience on this trip. Carrie and Glen Cullen	Round Table - Ask Anything! Sara and Daniel Pedersen	10 Tips for Travel through 10 Countries R From the Arctic Ocean in Alaska, to the Panama Canal, and all the Central American border crossings in between. Elle West	Adventure Challenge Practice and Skills Course Improve your skills on a challenging practice course! Al Brooks 1:15 – 2:30	Bike mods and Ergonomics! Bring your bike! Part 1: Learn the amazing difference a properly set-up bike makes to your riding comfort and pleasure. Part 2: 'Show and Tell' - show us your favourite travel mods. Critique and discussion. Grant Johnson
2:00 pm 2:45 pm	From Siberia to Iran Part 1 Riding Siberia's BAM Road Michael Hoh	Round Table - Europe (including UK) Linda and Charlie Pearce	A journey on the Camino de Santiago Reflections on a pilgrim's 1000km walk through northern Spain on the historic and enchanting Camino de Santiago. Rob McPhee		Wheel removal & chain adjustment for beginners Grant Johnson
3:00 pm 3:45 pm	From Siberia to Iran Part 2 Along Murphy's Silk Road to Iran Michael Hoh	Round Table - Photography Onno Kok	HUMM Adventure Travel Navigation Competition. Presentation on the HUMM! R Linda and Charlie Pearce	Adventure Skills Challenge! Now that you've practised your skills put them to the test Al Brooks	Fuel Your Appetite for Adventure R Learn to cook epic meals on your camp stoves Brent Firkser
4:00 pm 4:45 pm	RTW – 1 Year at a Time PART 2 (Asia and S. America) Continued from Friday Audrey Allenspach-Kok and Ekke Kok		Video Editing Workshop - Tutorial Video Editing Workshop with FREE Phone Apps and Desktop Adobe Premier Pro Tutorial - NO PREVIOUS EXPERIENCE NEEDED! Alex Chacon		Camp Stove Competition! Bring your camp stove and see who can boil 1 litre of water the fastest - what are the pluses and minuses of each type of stove, what works and what doesn't. Brent Firkser

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Saturday					
5:00 pm 6:00 pm	Dinner				
6:15-6:45	Announcements HU updates, Housekeeping, Raffle draws!				
7:00 pm 7:45 pm	Adventure Travel Trivia Team Challenge Ekke Kok, Quizmaster				
8:00 pm 9:30 pm	7 Years + 70 Countries Around the World Join Alex Chacon as he brings you along on a life changing adventure of epic failures and fantastic triumphs from quitting medical school to pursuing his dream of riding around the world and making a career out of it. Alex Chacon				
9:30 pm Until closing	HUBB Pub Mixer in the main room				

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Sunday					
9:00 am 10:00 am				CLEANUP CREW	Pack up, say "Good Bye", and make plans for next year!

Thanks for coming! We hope you enjoyed yourself and will come back again next year. Please use the Contact Us link on every page of the website, or the Canada West Meeting thread on the HUBB to give us your views and comments, or just to talk about the event!

<https://www.horizonsunlimited.com/hubb/hu-travellers-meetings-north-america/hu-canwest-july-11-14-a-95876>

Facebook: event link

<https://www.facebook.com/events/1214821691993498/>

Twitter: #HUCANWEST

You can also add your **feedback** to the event and give us a big help to improve the event for next year at: (open one week after the event)

<https://www.HorizonsUnlimited.com/events/canwest-2019/feedback>

Please leave the campsite clean and tidy, and have a safe trip home.

Special thanks to all the presenters and volunteers who have helped to make this event happen, we truly couldn't do it without you!

Audrey Allenspach-Kok and Ekke Kok
HU CanWest 2019 Organizers

Grant and Susan Johnson
Horizons Unlimited
Inspiring, Informing and Connecting Travellers since 1997